



# Our Children Your Children In Zimbabwe

Jaiaen Beck, Executive Director

November 2010

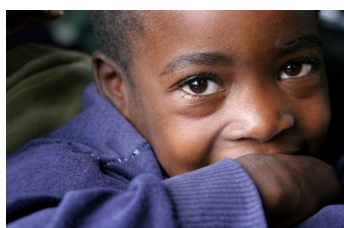
## Special Points of Interest

- Ancient Ways directly serves 2,700 people in the Mhondoro and Dambatsoko regions through the Nhimbe for Progress and Jangano projects, and employs 24 people in various capacities.
- 1,700 of the people we serve are children from infants to young adults, 1,100 of these are school age.
- It was the sweet music from Zimbabwe that first captivated us in 1993. We continue with Shona music study, classes and performances in the mid-Willamette Valley.

## INSIDE

Donhodzo HEALTH Program	2
Building WELLS!	2
March TRIPS to Villages	2
CHILDREN Sponsorships Online	3
Purchasing POWER	3
Go GREEN! with Us	3
B.O.L.O. Primary School	4
How CAN WE HELP?	4

## Young Girls Program Widely & Wildly Successful!



### Everyone deserves the basics!

Remember hearing about our Nhimbe Girl Guides program (the UK counterpart of Girl Scouts) becoming the recognized Mhondoro District Center? And, our girls embarking on their first weekend camp out (\$5 per camp per girl) in my March Field Report? These pieces of our Youth Well Being puzzle have given great structure to dreams!

Within this context they have opportunities beyond the norm for friendship, counseling, and growth. **A safety net has been created and is shifting their destinies** to a far more positive outcome. Thank you!

This year was very challenging for the families. Parents continued to have financial difficulties and so children were working part-time jobs in order to pay the school 'incentives', which are monies now required in addition to the regular tuition we pay. It was hard for the girls to gather often due to this loss of time. Benita Chirisa, Executive Assistant, reports:

*"The program is playing a vital role in the building of Zimbabwean culture. The parents are*

*also confirming that the girls' behaviors have changed since they are given lessons about their attitudes, norms and values. Ever since its inception, we have seen a marked decline in the drop out rates at school. The program has also helped reduce the premarital sex as evidenced by few early pregnancies. In addition, self esteem and confidence has been built in our youth."*

**FOR ONLY \$15 PER YEAR** you can sponsor one of these children to attend 3 camps offered during their month long holiday off from school (April, August, December).

Please consider making this one of the ways you help us reach more children in both Nhimbe and Jangano!

## Underwear for Over There

Often, parents can't afford panties when they are working hard just to feed their children. Plain and simple—our goal is buy at least one pair of panties - if not two for a change - for each of our 550 girls. They say

*"It a brilliant and most welcome gift to the community."*

Our effect on self esteem and empowerment is immeasurable.

**Can you, your church, or your Girl Scout troop help? Each pair costs about \$1.50 so that is \$1,650 we will raise for both Jangano and for Nhimbe girls to have underwear.**

Thank you for how you generously touch these girls' lives!



A few Girl Guides on their August 2010 campout!

# Donhodzo Health Center Growth

Page 2

This has been a historical year for success in our health services delivery. Our primary objective continues to be education but also we provide betadine and bandages, as well as medicine for bilharziasis, scabies, pain, etc. 85% of the patients are children who have been sent from school or brought to us by their parents.

Also, this year our Senior Nurse, Fredreck Muchiriri, has taken on serious training. He began an

HIV/AIDS University course with many thanks to a great donation. Also, full training materials on the latest in NMT (see [www.nmt.md](http://www.nmt.md)—the leading edge in complementary-alternative medicine) was generously donated by Les Feinberg. Fredreck reports:

*"Our preschool kids have been shielded from the most common dis-eases more this year than any other. Skin problems were*

*close to none thanks to the NMT daily sessions. Upper respiratory tract infections and diarrhea were reduced by almost 50% from the previous years."*

These are phenomenal results, and very in line with the normal range for NMT. **Our children, your children, in Zimbabwe, receive all of this health care free of charge, due to your generosity! Please consider donating towards our Health Center program. Tatenda!**

*This Shona proverb speaks to our cultural exchange with the villages:*

*"Zvikomo zvinopana mhute".*

*Meaning: The mountains give each other some mist.*

*We are blessed to be sharing our abundance with each other.*

## Wells Last for Generations!

Donhodzo also oversees well building. Only 8 in 100 people have a well; the other 92 use a hole in the ground, which inevitably collapses. A proper well is 30'+- and requires 1,000-1,500 bricks, 4-6 cement bags, and 3 builders (1 man, 2 teens) less than a week (first the family digs their own hole). Thanks to you and an incredible organized team effort there, we built 42 wells in 2010 with 436 left to build!

Eight older male graduates from our Youth Well Being Machapro program are playing a pivotal

role in this program as they are being trained in well building! Machapro teaches boys about gender equality and gives them settings in which to learn morals and self esteem. They are the other half of the equation that will play out in the future of our girls and so we are elated to be working with them as they grow up! Fredreck says we are:

*"imparting them with life skills that will forever change their lives. They have made the work light and bearable to our build-*

*ers with their hard working spirit and commitment."*

**None of this is possible without your donation of \$250**, which 1) builds a well lasting an extended family for generations, 2) prevents water borne diseases, and 3) makes essential crop cultivation easier for both for survival and resale! We also have 494 toilets to build to meet our objectives in **WATER! (Wells And Toilets Everyone's Right!)** since only 7 people in 100 have a toilet!

**Donate \$20 per month now!**

## March 2010 & 2011 Village Visits

Each new person that accompanies me to Zimbabwe brings unique gifts to make contributions to the Nhimbe and Jangano communities. In March 2010 **Kristen Magis Ph.D.** brought skills and expertise in organizational development and staff training; the impact of which was remarkable and potent. Together we navigated many staff meetings to address the very

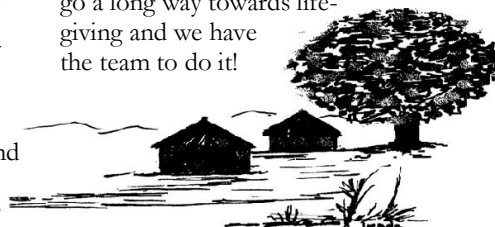
difficult terrain, which the Shona face daily (e.g. insufficient income for the

basics, challenging community interactions, serious health issues, in Shona: *zvakaoma*), helping them design a path forward - in Shona: *kuenda mberi*. Kristen offered:

*"These staff meetings were powerful, tearful, honest, full of laughter, dancing, singing and celebration, all shared in an environment of growing trust and deepening commitment to the vision of Nhimbe and its import to the communities of Zimbabwe."*

**Tatenda Chaizvo Kristen**, for the incredible teamwork, camaraderie and spirit!

After a trip in 2007 **Laura Gillette, R.N.**, will be traveling again with me to Zimbabwe late February and March 2011 to assist with our Health Program. She will help us more fully formally develop our public health extension services to expand beyond our immediate area. There are thousands of people we can be reaching with the tools, focus, and your great support! A few dollars can go a long way towards life-giving and we have the team to do it!



## Child Sponsorships Online!

**Your child's picture, letter and biography, is now online—let us know if you can opt for the electronic email delivery!**



**Highly Talented  
Serpentine Carver  
Chipo Tendai**



***"Helping a woman helps everyone whom her life touches."***



**Meal Time at the  
Nhimbe Preschool  
is often their main  
meal of the day!**

2010 is our first year to attempt digital pictures and letters coming straight to your computer screen. The quality this first time around is not the best—we ask you to make allowances for our efforts. Our goal is to continue to improve this aspect of our paper-shuffling postal reducing tree-saving efforts.

The most critical piece is that **your child is receiving the benefits of our Youth Well Being Program** (including much of Girl Guides and Machapro) — there is nothing like our program anywhere!

**Your \$60 a year donation** pays their school tuition, buys uniform fabric, offers tutoring, library services, and free medical supplies, as well as provides extracurricular activities after school, weekends and holidays including sports, herbal gardening, and traditional activities of music and dance.

Cosmas Magaya, our Nhimbe Project Director, explains that:

*"Fradreck Mujuru, Fungai Mujuru, Mudavanhu*

*Magaya, Jenny Chaitezvi and myself are all teaching young mbira players near their rural homes as well as encouraging all of the school children within our villages to learn how to play traditional instruments."*

**We thank you for your continued support of over 500 children in 2010.** There are another 600 children needing this same help.

**Consider sponsoring a child in our villages today!  
Tatenda!**

## Purchasing Power

Cosmas Magaya explains that the government has said,

*"The focus of the inclusive government in Zimbabwe is now mainly on education, agriculture and health, as well as seeing the emancipation of women."*

The future for our girls is changing and we are hopeful and patient.

It also reminds us that the women in the villages are

often the key provider for the family food and the children's welfare. Purchasing hand-made items from them is a way to give them more independence in their decision making.

From textiles and toys to baskets and carvings, we support the women in this way while also raising funds to make a more viable business between our two countries. Women also teach their daughters their crafts.

Helping a woman helps everyone whom her life touches. Studies show she is more apt to spend the funds directly on needs for the family.

Buying one of the hand-made crafts, which was made especially for us, extends your purchasing power to rural women on the other side of the world!

**See [www.ancient-ways.org](http://www.ancient-ways.org) or call with questions.**

**We ship fast!**

## Can you Go Green with us?

If you are reading this on your computer you already have opted to "Go-Green" with us...thank you! If you aren't yet ready for the online version, just let us know and we are happy to adjust when it's time. Thanks!

Watch for us as we are upgrading the website over the next several months to make communication even easier.

Remember to contact us at:

- [zimbabwe@ancient-ways.org](mailto:zimbabwe@ancient-ways.org),
- **877-TATENDA (877-828-3632)** and **541-259-HOPE (4673)** or
- **PO Box 346, Scio OR 97374**

**Tell us your payment options (credit card, paypal or mail a check to Ancient Ways). Include your program preferences on the attached form.**

Or, use a monthly donation of any amount from a bank draft or credit card as a way to help us create a stable basis we can count on.

**All donations are fully tax deductible!**

**Thank you for your continued support since 2000!**





# B.O.L.O. Primary School

*Our Nhimbe for Progress preschool has been selected as one of six in Zimbabwe to receive special attention from the Ministry of Education!*

Nhimbe  
Preschool  
Graduates  
ready for  
Grade 1!

We have been told by the government to first build our primary school and then build a Health Clinic, as they see that as the priority. Current estimated costs annually for the new primary school are close to \$250 per child, which is more than we are ready to budget. The goal of the new inclusive government is to pay all teacher's base wages, rather than require parents to pay a tuition they can not begin to afford. Once our preschool teachers are being paid by the government, it will help us, not only have adequate funds to better compensate the entire Community Center staff (which includes the Health Center, groundskeepers and security), but also will give a basis to reduce the estimated annual budgeted per child amount for the new primary school. When the government picks up the preschool teachers wages, we are then ready to move forward quickly with B.O.L.O! Join us in building community! Donate to the B.O.L.O! (Build Our Learning Opportunities!) Fund.

## How Can We Help in Zimbabwe?

1. We have a special young woman ready to do her post graduate studies—our Executive Assistant, Benita Chirisa, graduated with honors from University of Zimbabwe and is highly talented. This particular training (certification in Sustainable Community Development and Humanitarian Project Management) benefits everyone that she works with on our team, both there and here. The cost is \$600 (only \$50 per month to change her life). Can you help?
2. Build a pure water well for a family!
3. Donate to underwear for over there!
4. Sponsor a child as part of the Youth Well Being Program: preschool meals, school tuition, extra curricular activities, uniform, tutoring, library, free medical care! Send them a letter!
5. Buy our CD online —Shona music tracks donated by the best musicians around the world to help us raise funds!
6. Buy our sculpture, T's & toys online!
7. Tell us the name of a store in your area that might be interested in our hand-made village products!
8. Put together a fund raiser with your marimba band or church group or get your local Girl Scouts or school class involved with this great opportunity for cultural exchange!
9. Help us connect with a grant writer!
10. If you are traveling to Zimbabwe please contact us about how you might help out!
11. Volunteer today!
12. Watch for Field Reports from our upcoming trip in February and March 2011!
13. Give someone a brochure and spread the word about this work!
14. Make a donation to reach out across the world to help us, help them, help themselves!
15. By bank draft or credit card, create a monthly donation!
16. Find out if your employer has a matching funds program and double the power of your donation this year!
17. Become a member of Ancient Ways and support our ongoing efforts to uplift the people!

# Zimbabwe



# Zimbabwe

♦ ♦ ♦ **A CHILD'S LIFE IS THE PATH** ♦ ♦ ♦

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## **PRESERVING TRADITIONAL WAYS OF INDIGENOUS PEOPLE**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY / STATE / ZIP \_\_\_\_\_

## **PLEASE HELP US STAY IN TOUCH WITH YOU:**

*FIELD REPORTS EMAIL:* \_\_\_\_\_

*PHONES:* \_\_\_\_\_

## **YOUR CHILDREN ~ OUR CHILDREN ~ IN ZIMBABWE**

YOUR CHILDREN ARE SPONSORED FOR THE YOUTH WELL BEING PROGRAM FOR 2011. Besides being able to attend school, your help affords them the opportunity to:

- ✓ PARTICIPATE IN GIRL GUIDES AND THE BOYS MACHAPRO PROGRAMS WHERE THEY LEARN MORALS, HERBS, CRAFTS, ETC.
- ✓ RECEIVE FREE HEALTH CARE/EDUCATION FOCUSING ON THE NEEDS OF TODAY'S CHILD, LEARNING ABOUT HIV/AIDS, ETC.
- ✓ PARTICIPATE IN A MARIMBA MUSIC PROGRAM THAT INCLUDES DRUMMING, SONG AND DANCE.
- ✓ USE THE DEVELOPING COMMUNITY LIBRARY TO READ AND BORROW BOOKS AS WELL AS RECEIVE TUTORING.

## **YOUR GENEROSITY CREATES OPPORTUNITY FOR THESE CHILDREN:**

- |    |     |
|----|-----|
| 1. | 9.  |
| 2. | 10. |
| 3. | 11. |
| 4. | 12. |
| 5. | 13. |
| 6. | 14. |
| 7. | 15. |
| 8. | 16. |

## **YOUR COMMITMENT MATTERS!**

**PLEASE ENCLOSE** \$ \_\_\_\_\_ FOR 2011 YOUTH WELL-BEING SPONSORSHIPS:

- \$ ⇔ Regular Sponsorship
- \$ ⇔ Older Children, University, College and Trade Schools
- \$ ⇔ Gifts you have given to other people (See other form enclosed or mailed separately)
- \$ ⇔ You Pre-paid ... please feel free to call if you have any questions!



**WE APPRECIATE WHATEVER YOU CAN DO**





# Zimbabwe

## NHIMBE FOR PROGRESS & JANGANO

WWW.ANCIENT-WAYS.ORG ~ PO BOX 346 KIO OR 97374 ~ 541-259-HOPE ~ 877-TATENDA ~ ZIMBABWE@ANCIENT-WAYS.ORG

**YOUR FULLY TAX-DEDUCTIBLE DONATION (EIN# 93-1158030) MAKES THE DIFFERENCE!**

<b>GO GREEN?</b>	YES! YES! YES! – Please send me all information using the internet!	X HERE →	<input type="checkbox"/>
	NO – I don't have internet to receive the electronically – send it to my snail mail.		<input type="checkbox"/>

SPONSOR Children for the Youth Well Being Program (health, school and afterschool)	(#_) @ \$ 60	=
BUILD OUR LEARNING OPPORTUNITIES “BOLO” FUND TO BUILD A SCHOOL	ANY \$\$\$ Helpful!	=
Underwear for Over There – \$3 buys 2 pair of panties. Help our 550 girls!	(#_) @ \$3	=
3 weekend camps (Apr/Aug/ Dec) for self esteem, hope, guidance for each child	(#_) @ \$15	=
W.A.T.E.R! (Wells And Toilets Everyone's Right!) Focus on Building WELLS (#_) @ \$250	ANY \$\$\$ Helpful!	=
DONHODZO HEALTH CENTER dedicated to education and serving anyone who comes	ANY \$\$\$ Helpful!	=
SEND A TEACHER's PACKET with DVDs, PP SLIDE SHOWs, with Fundraising IDEAS	ANY \$\$\$ Helpful!	=
<i>GREATEST NEED – Apply this donation to whatever is the most important!</i>	ANY \$\$\$ Helpful!	=
BECOME AN ANCIENT WAYS MEMBER – Help us Help them – Member Benefits Too!	Only \$25	=
<b>THANK YOU FOR YOUR CONTINUED SUPPORT! → PLEASE COMPLETE THIS FORM</b>		<b>Total =</b>

→ **PAYMENT OPTIONS:** Make your *check* payable to *Ancient Ways*, use *PAYPAL*, OR use the form below for a *one-time or automatic continuing donation*. If you would like to enjoy the convenience of automatic billing, please indicate that below with your signature. All requested information is required, is completely confidential and never shared. You may cancel this automatic billing authorization at any time by contacting us!

**Thank You, FOR DOING WHATEVER YOU CAN!**

Credit Card VISA( ) MASTER( )	Name on Card	Zip
		<small>credit card</small>
Credit Card #	Expires	<small>billing address</small> /
Cardholder's Signature	Date Signed	
Payment Amount	ONE TIME( ) For This Amount Only OR, REOCCURING: Monthly( ) Quarterly( ) Semi-Annually( ) Annually( )	
ONE TIME Purchase Amount of \$		<b>THANK YOU!</b> to be added to this transaction.

## Zimbabwe 2011 FOCUS: W.A.T.E.R! and CHILDREN'S WELL BEING

**HEALTH IS THE FOUNDATION**

**EDUCATION IS PROSPERITY**

**BELIEF IS CHANGE . . . YOU GIVE THEM HOPE**

The children & families THANK YOU for this empowerment opportunity!